

Lunch Menu - Week of April 13, 2020



ST. LUKE'S SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
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Soups	Soups	Soups	Soups	Soups
Mushroom and Wild Rice	Minestrone	Chicken Tortilla Soup	Corn Chowder	Quinoa and Vegetable
vg	V		V	vg
Entrées	Entrées	Entrées	Entrées	Entrées
Chicken Parmesan	Farfalle Pasta with Marinara Sauce	Black Bean and Sweet Potato Enchiladas	BBQ Chicken	Scrambled Eggs
	vg	V		V
Stuffed Peppers with Rice and Quinoa Medley Topped with	Fregola, Spring Peas, Mint and Ricotta	Steak Fajitas	Baked Salmon with Horseradish Dill cream	French Toast with Strawberry Syrup
V	V		V	V
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Vegetable Medley	Garlic Bread	Sautéed String Beans	Sautéed Broccoli	Hash Browns
vg	V	vg	vg	vg
Garlic Dill Potatoes	Grilled Zucchini with Shaved Pecorino and Parsley	Peppers & Onions * Salsa* Lettuce* Guacamole * Sour	Crispy Sea Salt and Vinegar Potatoes	Turkey Bacon * Griddle Ham
vg	V	vg	vg	
		Black Beans* Pinto Beans* Cilantro Rice		
		vg		